

LIFEGUARD

Lifeguards oversee our waterfront while it is in use by campers and staff. They also help with waterfront equipment set up and pack down each day. Applicants should be strong swimmers and be comfortable in open water. Lifeguarding experience is a plus.

MINIMUM QUALIFICATIONS

- minimum age of 21
- ability to pass Red Cross Lifesaving certification, CPR and first aid certification (training and certification provided)
- ability to train and/or prior experience in lake lifeguarding and waterfront activities
- ability to swim competently in open lake water
- physical strength to lift and move waterfront equipment
- physical ability to respond appropriately to situations requiring a rescue and/or first aid
- able to accept supervision and work well with others
- desire and ability to work with children ages 8 to 17

GENERAL RESPONSIBILITIES

- ensure the safety of campers and staff at the lake and waterfront
- lifeguard from a variety of land and water based stations
- wear ISTC lifeguard uniform when on duty
- conduct swim evaluations every Sunday and perform check-in/out responsibilities
- instruct, maintain, and supervise counselors and coaches as active assistants at the waterfront
- enforce lake rules, including making sure the campers are properly supervised and wearing lifejackets properly while on the lake
- teach and monitor the proper use of all equipment
- observe camper behavior, assess its appropriateness, and enforce safety regulations by applying appropriate behavior-management techniques
- set up and take down/close activities after each session
- clean lake, dock, and beach areas daily
- maintain all equipment, from life jackets to watercraft, while storing it daily and keeping it in good condition
- gas up watercraft after each waterfront session
- conduct daily equipment checks for safety, cleanliness, and good condition
- report repairs that are needed to the waterfront director and/or camp directors
- conduct pre and post camp inventory of equipment
- prepare and actively participate in staff training meetings, exercises and drills, and supervisory conferences
- communicate weekly with waterfront director through journal writing and one-on-one sessions
- set up entire waterfront area prior to camp and clean and store equipment at the end of camp
- conduct canteen, activity decks, evening and night patrol duties
- perform waterfront upkeep cleaning/maintenance duties on weekends

- assist counselors and recreation staff with campers on weekends
- participate in camp recreation events
- obtain your personal watercraft license

Keep in mind that these are not the only duties. Some duties may be added or reassigned as necessary.

HOURS

Lifeguards have one day off per week on either Friday from 12:00 noon to Saturday at 11:30 am, or Saturday at 11:30 am until Sunday at 11:00 am. There is a 12:00 am curfew with the exception of your day off.

GENERAL RULES

Lifeguards are responsible to the camp owners, camp directors, and waterfront director. All staff members are expected to abide by all policies and procedures with a positive attitude and to assist in enforcing said policies. Potential staff members should understand that campers' needs for health, safety, and happiness come first. It is the staff's responsibility to provide a positive learning experience in a safe and clean environment so that campers feel good about themselves and their accomplishments.

1. Illegal drugs, weapons, alcohol, smoking and nicotine products on camp grounds are strictly forbidden. Abuse of this policy is grounds for immediate dismissal.
2. Cell phones and internet enabled devices may only be utilized during non-work hours and in designated areas. Abuse of this policy shall lead to confiscation of said items. All staff must have their personal social media pages set to private.
3. Staff fraternization with campers and CIT's is strictly forbidden and is grounds for immediate dismissal. Furthermore, directors are not permitted to fraternize with their immediate staff members.
4. Coed visitation is strictly forbidden in restricted areas and is grounds for immediate dismissal.
5. Appropriate dress is required.
6. Follow and comply with all rules, regulations, policies and procedures outlined in the ISTC staff handbook.