

# SUMMER 2022 COVID-19 GUIDE

(UPDATED APRIL 27TH, 2022)

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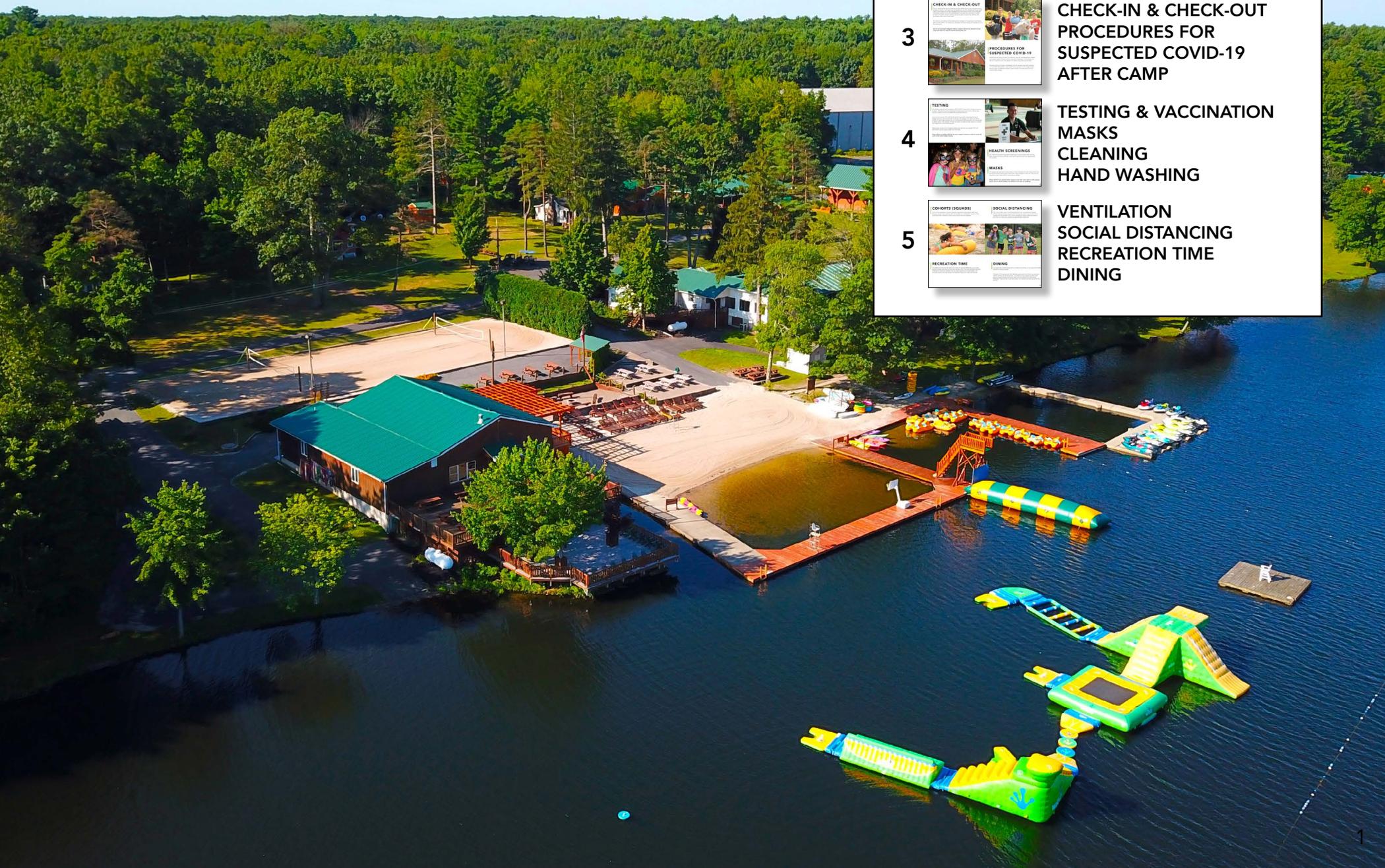


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# COVID-19 GUIDE

We are excited to welcome campers back for our 31st summer at ISTC! After a successful summer 2021, we are confident in providing another year of safe camp experiences for our campers, families and staff.

Just like in 2021, we are taking the necessary steps to provide our campers with a fun and safe camp experience. We have been closely monitoring information from the CDC, American Camp Association, and the State of Pennsylvania to ensure we are creating an ISTC environment that is in line with the current times.

The following guide will detail our mitigation efforts. If things surrounding COVID-19 change, the information in this guide will be updated.



## PRE-ARRIVAL

In the week prior to your arrival at camp, you will receive an email directing you to complete a pre-arrival COVID-19 screening online form in your parent CampinTouch account.

The pre-arrival screening form will ask questions about your camper's wellbeing and any COVID-19 exposure.

**Campers and staff should not attend camp if they are experiencing symptoms or have had exposure to COVID-19 in the 10 days prior to their camp session.**

We are not requiring the COVID-19 vaccination to attend camp, nor are we asking campers to obtain a negative PCR test prior to arrival.

# CHECK-IN & CHECK-OUT

Check-in and check-out will take place from our parking lot in the comfort of your car, as a contactless curbside process. In order to reduce as much contact with other children and staff as possible, families will not be able to leave their vehicles to escort their campers down to their cabins.

For check-in, our counselors and coaches will meet campers in the parking lot and take them to their cabins to settle into their bunks. For check-out, counselors will bring your camper and their belongings to you in the parking lot.

This decision stems from the efficiency of the process from summer 2021 and also limits foot traffic and unnecessary exposures onsite.



# PROCEDURES FOR SUSPECTED COVID-19

Should anyone exhibit COVID-19 symptoms, they will be immediately isolated and antigen tested. Parents will be contacted immediately. If the antigen test delivers a positive result, the camper will need to be picked up promptly.

Contract tracing will begin, and the campers and staff members in the COVID-19 patient's cabin and all sports groups will be antigen tested. We will inform all affected campers' parents about a possible exposure and monitor them closely.

# AFTER CAMP

Given the social environment of camp, we advise all families to monitor their camper for signs of illness for 5 to 10 days after returning home.

# TESTING & VACCINATION

Similar to the current practice in schools, we are not requiring the COVID-19 vaccination or negative PCR tests to enter the facility.

The pre-arrival screening form completed 3-5 days before check-in will ask you to verify that your camper is healthy. We will also conduct a quick verbal health screening as part of the check-in process to confirm.

**All staff will be rapid antigen tested prior to the season's start and throughout the summer to ensure the health of our camp community.**

# MASKS

Masks are not required for any aspect of the ISTC experience; however, campers who wish to wear one are welcome to do so.



# CLEANING

We take immense pride in the cleanliness of our camp and with the nature of our weekly program, cleaning has always been a top priority. We have a full-time housekeeping staff during the summer season who regularly disinfect high-touch common areas, bathroom facilities, and more.

We use electrostatic backpack sprayers in conjunction with our medical grade disinfectant sprayers to sanitize shared sports equipment and common areas daily.

# HAND WASHING

In addition to sinks and hand soap in all of our camper cabins, our dining hall has bathrooms for hand washing before and after meals.

Hand sanitizer stations are located throughout the camp and at the entries of all food lines.

# VENTILATION

We have large air circulation and exhaust fans in all of our cabins. These fans will bring in air from the outside and move it through the cabins. Campers will also be sleeping in opposite directions (head-to-toe and toe-to-head).

Fortunately, all of our sports programs operate outdoors or in open air pavilions.

# SOCIAL DISTANCING

ISTC sits on 500+ acres, so we have plenty of room to spread out and enjoy the outdoors. Most of our camp activities take place outside as well.

ISTC will be operating as normal with standard capacities. Cabins and sports groups will continue to be organized by gender, age and roommate requests as in years past.



# RECREATION TIME

Free afternoon and evening recreation times will operate as normal. Campers will be able to pick and choose from all of the activities offered: Waterfront, Ropes Course, Mountain Biking, Archery, Canteen, Fieldhouse, and more.

With so many options, campers naturally spread out across all of the activities.

# DINING

Our Lake View Center Dining Hall is an open-air building, so we receive the health benefits of eating outside.

Campers are called into the dining hall by cabin at staggered times throughout the meal to space out. Tables are assigned for each cabin and each group eats at the same tables throughout the week. Each table is thoroughly sanitized after each use.